

Coronavirus: Employer Town Hall

May 14, 2020

Financial Impact of COVID-19



Moderators & participating panelists



Michael Thompson
President & CEO
National Alliance of Healthcare
Purchaser Coalitions



Mark St George, FSA, MAAA
Principal
PriceWaterhouseCoopers

Panelists

- Al Charbonneau, Rhode Island Business Group on Health
- Jerry Frye, BSG Analytics
- Brian Gifford, Integrated Benefits Institute
- Ann Greiner, Primary Care Collaborative
- Lynn Quincy, Altarum Healthcare Value Hub
- Lauren Vela, Pacific Business Group on Health
- Greger Vigen, FSA, MAAA, Consulting Health Actuary



New hospitalizations and the impact on direct COVID-19 utilization

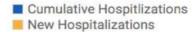
A Regional Phenomenon

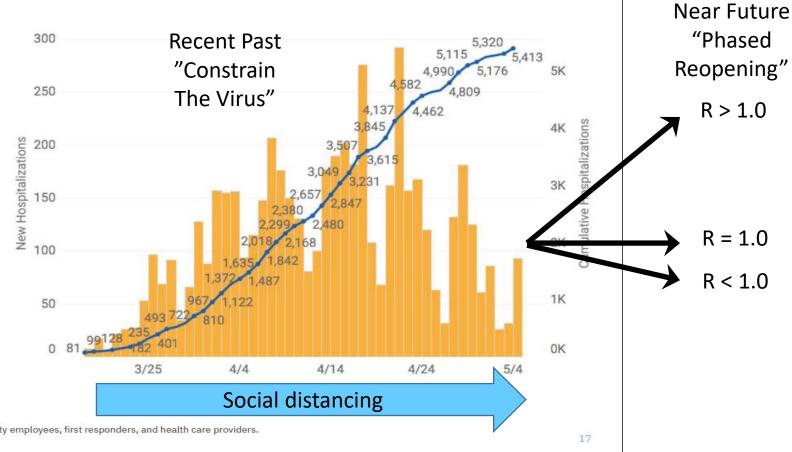
Hospitalizations

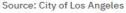
Data as of May 4

Key Takeaways:

- At least 5,413 people have been hospitalized since 3/18
- 93 new hospitalizations as of 5/4 (1.7% increase)







*Public test registration. It does not include registration of critical city employees, first responders, and health care providers.



https://corona-virus.la/sites/default/files/inline-files/Release Daily%20Data%20Report%20Friday%205 8 F.pdf

COVID-19 Indirect Cost Offsets – Short Run & Long Run

Short Run

- Elective Surgery Down
- Primary Care Visits Down
- Specialty Care Visits Down
- Onsite Clinics temporary closures
- Medications ?
- Virtual Visits Up, Up, Up

What are the impacts on healthcare stakeholders?

What are the likely longer term impacts on healthcare costs?

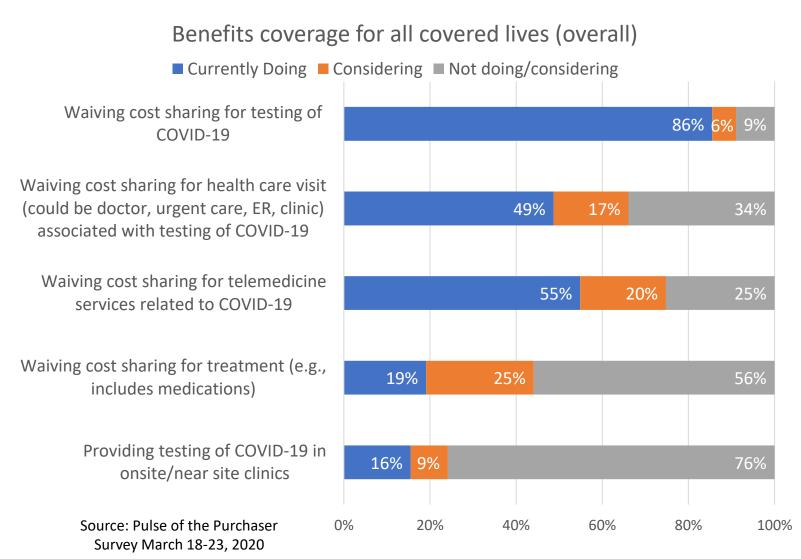
Any broader strategic implications?

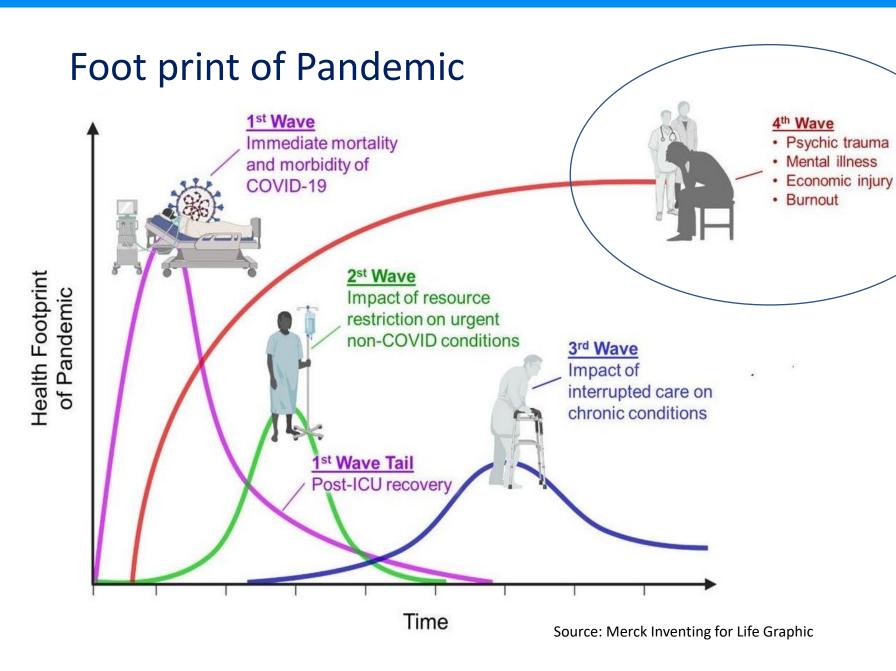


What is impact of Coverage? What is impact on Consumers?

- Great majority waiving cost sharing for the testing of COVID-19
- Roughly half of employers are waiving cost sharing for:
 - Healthcare visits associated with the testing
 - COVID-19 related telemedicine visits
- A minority are waiving cost sharing for the actual treatment of conditions related to COVID-19
- Few employers are currently offering COVID-19 testing at onsite/near site clinics (where applicable)







Economics of Stress

- Demands & Pressures are "Additive & Cumulative"
- Coping Skills (resilience)
 predict 16% of outcomes
- Demands & pressures predict 60% of outcomes

Source:

Lyle Miller, PhD
BioBehavioral Institute of Boston

Emotional & Population Health

- Mental health the next wave of COVID-19
 - Consider all the elements of wellbeing social, sleep, connectivity, etc.
 - Direct and indirect impact of social isolation
 - Growing impact on substance use disorder
- Special populations
 - Cultural and ethnic differences
 - High risk populations Age, Chronic Disease, Minorities, Social Determinants
 - Others eg Those who are pregnant
- Impact of virtual health support
- Re-engaging on-site/near-site clinics



Economic Stress

Worrying about (or losing) their jobs or income

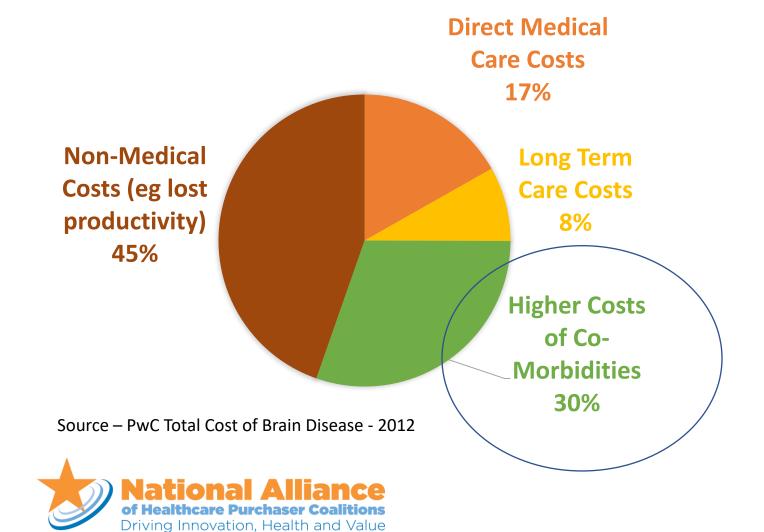
Fear of COVID-19

Especially those working at workplace

Social Isolation

Especially for those working from home

Costs of Mental Health Co-Morbidity



Will we experience this?

Better or worse?

Costs of person with a chronic disease only

2.5x

Cost of person with a chronic disease and behavioral health

9.4x

Source: Livongo 2019

Open Panel Discussion



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The COVID-19 Era – Accentuating Forces related to Population Health

First Wave

COVID-19

Second Wave

Mental Health

Third Wave

Total Person Health

Fitness for Duty

Higher Risk for those with Chronic Disease

Work at Worksite Work at Home Furloughed

Mental Health Impact on Co-morbidities

Fitness for Life

Social
Determinants &
Health Equity

COVID-19 Era Impact on Risk Factors?

- Addiction
- Diet
- Cardio Fitness
- Ergonomics
- Obesity
- Sleep
- Stress
- Other



Upcoming Events & Contact Information

Next COVID-19 Employer Town Hall (at 5 PM ET):

5/26 Rethinking Care Delivery in light of COVID-19

Past National COVID-19 Employer Town Halls

- Clinical and business impact of COVID-19
- Benefits and policy issues of COVID-19
- Addressing Mental Health and Wellbeing in COVID-19
- Considering Social Determinants in the light of COVID-19
- Planning for a Pivot to Back to Work
- Population Health Strategy during COVID-19 Era





For more information on our COVID-19 Employer resources, including prior webinars and Employer town halls, visit our resources page.

https://www.nationalalliancehealth.org/www/resources-new/employer-resources-covid-19

Leadership Summits (June 15-16) - Register today:

https://nationalalliancehealth.swoogo.com/2020leadershipsummits/begin