

Mental Health Index

U.S. Worker Edition

April 2021 Update



Methodology:

- Dozens of large US corporations using the Total Brain Platform
- Weekly randomized selection of up to 500 assessments
- Statistical control for cohort effect



Speakers



**DR. EVIAN GORDON, MD,
PHD**
CMedO, Total Brain



MICHAEL THOMPSON
CEO, National Alliance



COLLEEN MCHUGH
President, Healthcare Policy Roundtable / HR
Policy Association



DARYL TOL
EVP, One Mind at Work

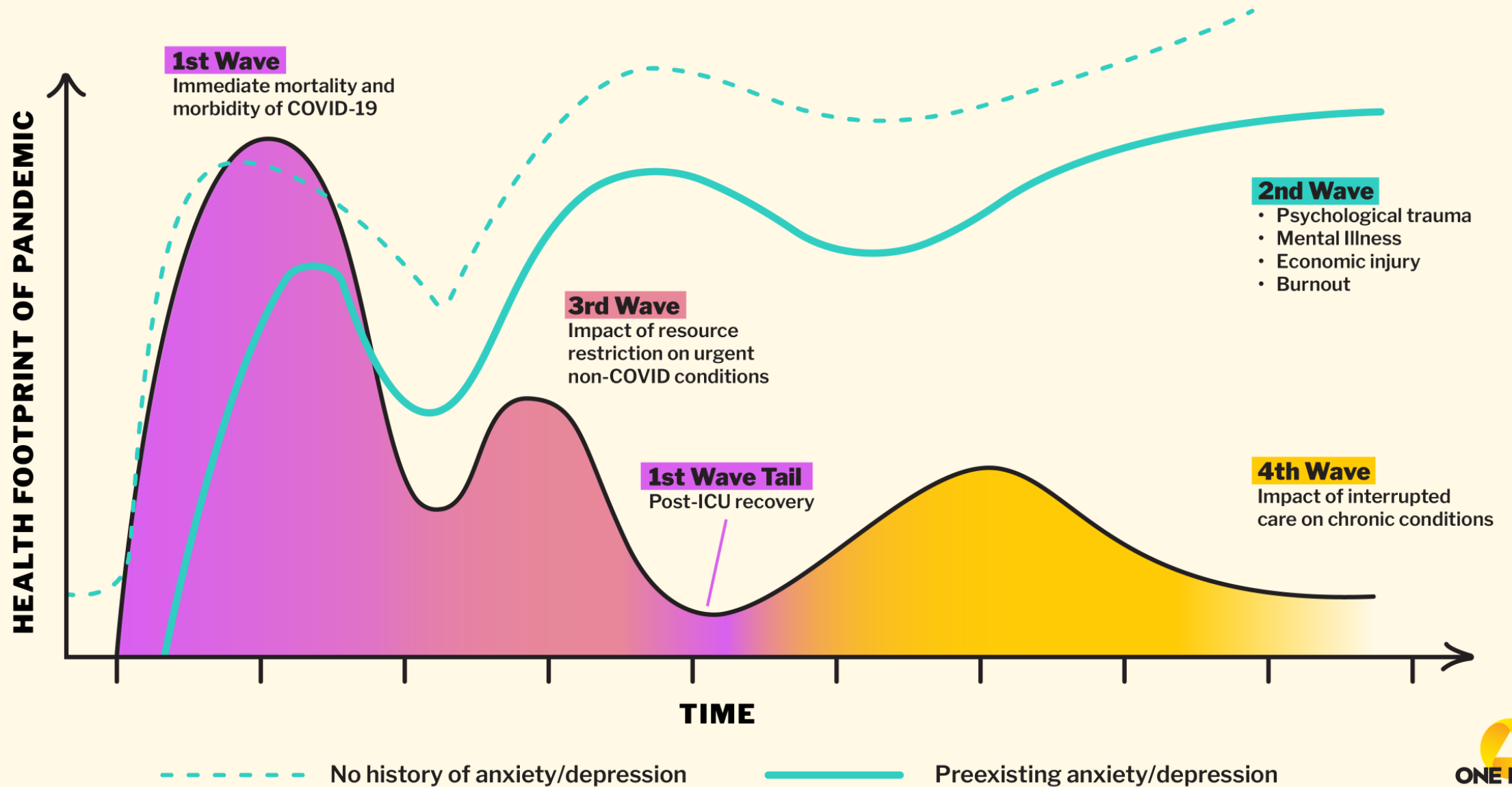


KATY RIDDICK
Director of Strategy and
Engagement, One Mind

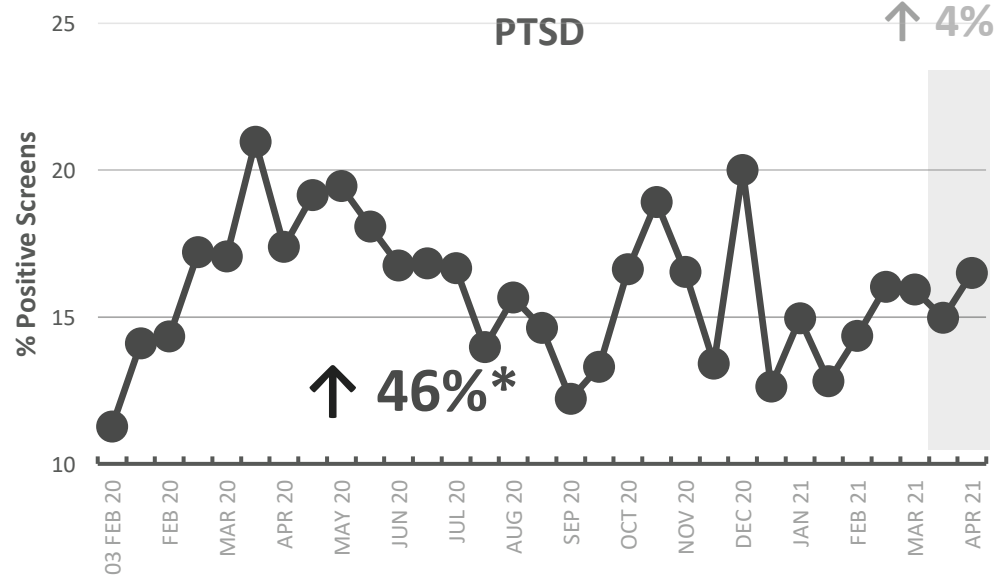
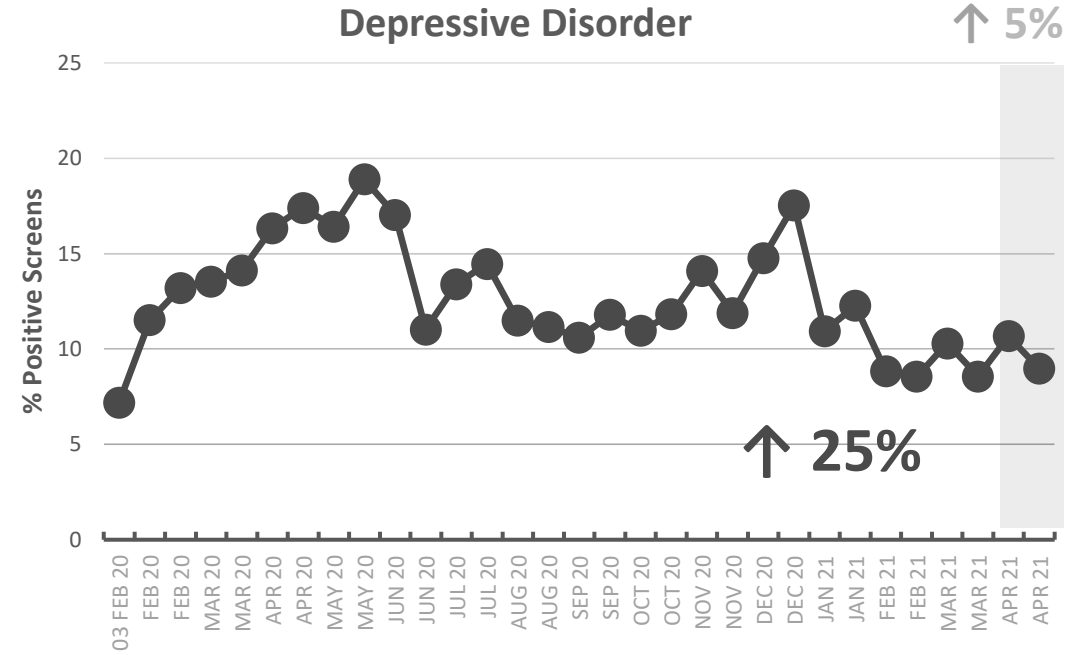
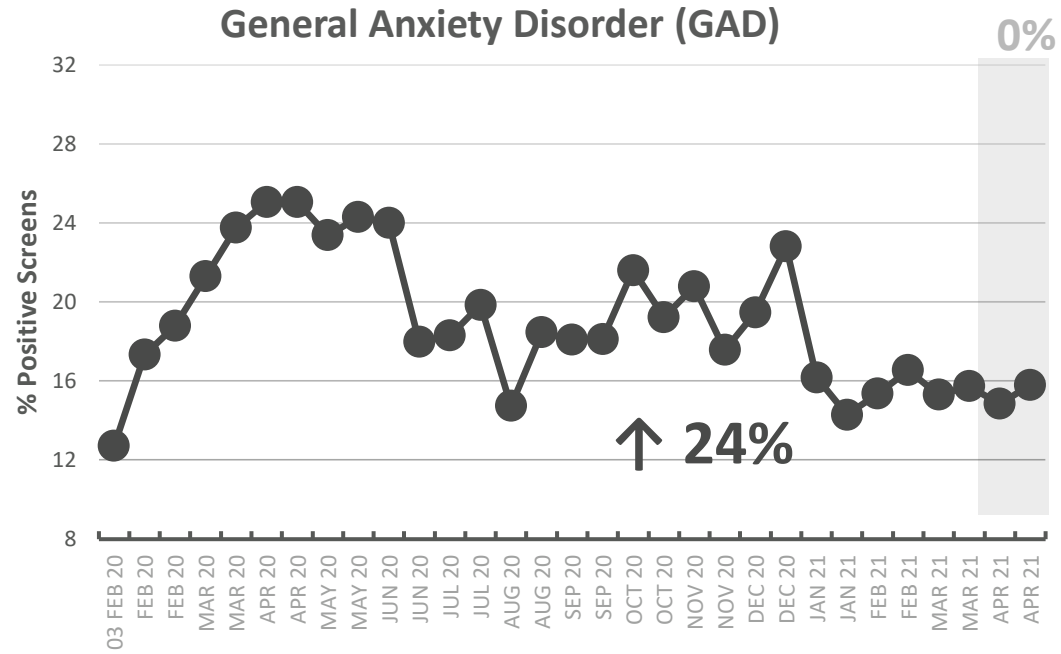
#thisisnormal



COVID-19 IMPACT TIMELINE



MHI Apr-21: Key Risk

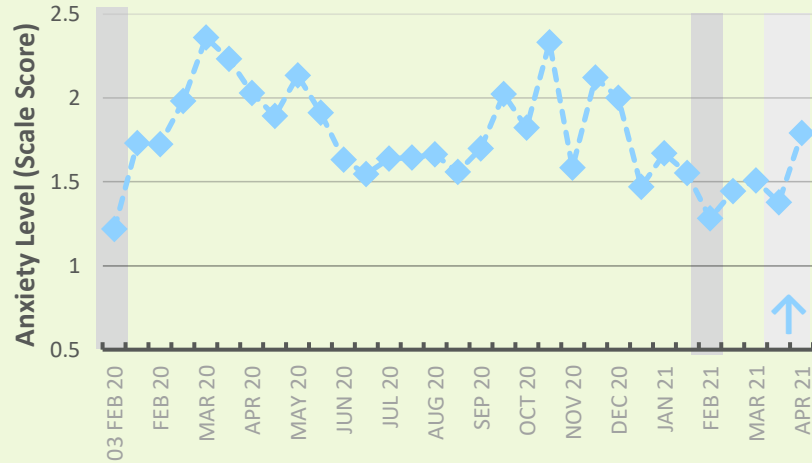


MHI Apr-21: 40-59 Yrs. Old and Females Worsening



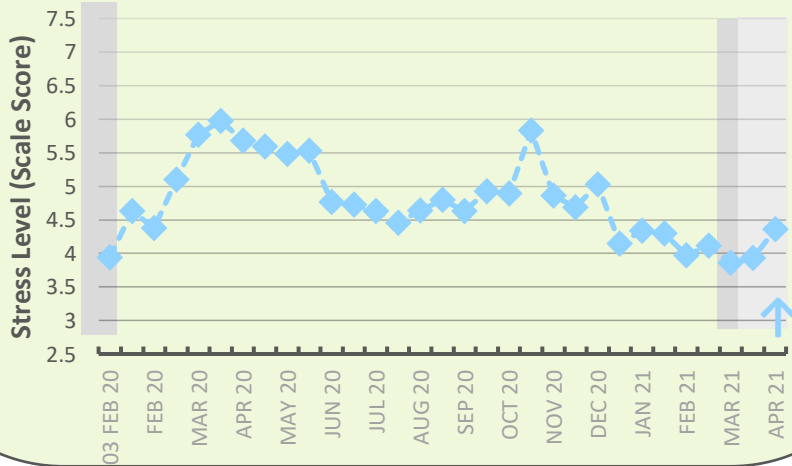
40-59 Anxiety

47% higher than pre-pandemic
40% increase in the last 2 months



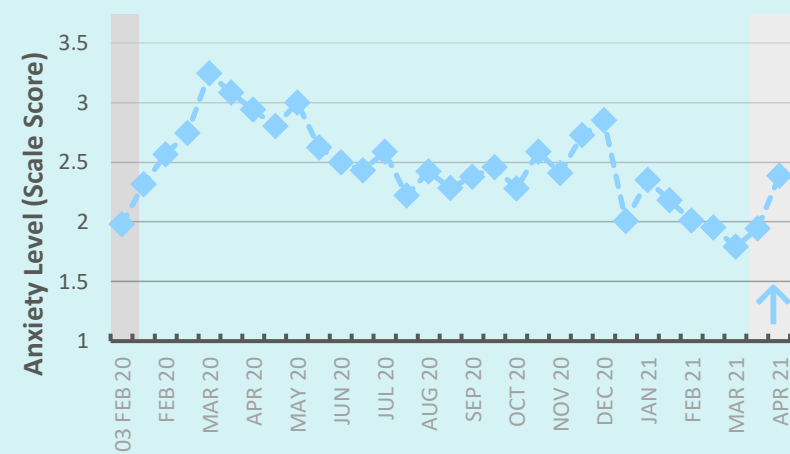
Stress

11% higher than pre-pandemic
13% increase in the last month



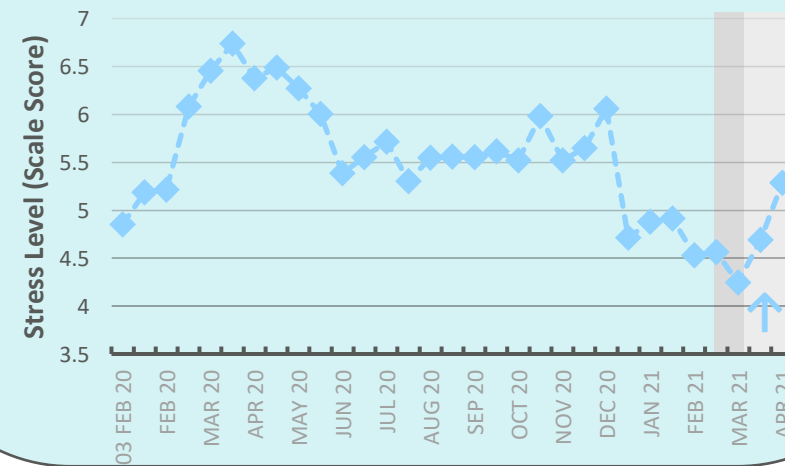
Females Anxiety

33% increase in the last month
21% higher than pre-pandemic



Stress

25% increase in the last month
(no longer lower than pre-pandemic)



Total Brain Qualitative Survey Results

3 in 4

Americans say working remotely has had a positive effect on their mental health, and two-thirds say they feel somewhat or extremely anxious about returning to work

50%

said the anticipation of having less flexibility or freedom with their schedules is causing anxiety

1 in 3

employees feel they are risking their health to return to work

20%

said they would feel better about returning to work if their employer increased access to mental health resources

86%

said they want a corporate culture that embraces open mental health dialogue



Join us in opening a dialogue...

#thisisnormal Social Campaign

To demonstrate that #thisisnormal Total Brain is encouraging people to engage through a simple call to action of posting a black and white selfie on social media, along with your personal testimonial on mental health and the hashtag #thisisnormal.

Total Brain will donate \$5 to One Mind, a mental health non-profit, for each of the first 1K participants.

Visit: www.totalbrain.com/thisisnormal



THANK YOU



Download our New White Paper

Back to Work

How to Prepare for Five Mental Health Challenges Facing Returning Workers



Visit:

<https://info.totalbrain.com/resources>



Disclaimer

This presentation is issued by Total Brain (ASX: TTB) (“Total Brain”, “the Company” or “we”) to you, is to be held confidentially by you and may not be shared by you with third parties. This presentation is general background information about the Company’s activities current as at the date of this presentation. The information is given in summary form and does not purport to be complete. This presentation is not an offer to sell, or any sale, of securities. Any offer and sale of securities would be done only pursuant to a written agreement between Total Brain and its investors.

Total Brain has made every effort to ensure that the information in this presentation is accurate. However, its accuracy, reliability or completeness cannot be assured. To the maximum extent permitted by law, we and our associates, respective officers, employees and agents, disclaim any liability for any error or omission or for any loss suffered as a result of others acting on the basis of the information contained in this document.

In particular this presentation includes forward looking statements (e.g. phrases with “will” “may”, “would”, “anticipate”, “expect” and other statements about future events, results or outcomes) regarding our belief, intent or expectations with respect to the Company’s businesses, market conditions and/or results of operations, and while our management believes reasonable assumptions have been made, the Company’s actual results may vary in a material and adverse manner, nothing herein is a guarantee of future performance and you are cautioned not to place undue reliance on such statements.

Except to the extent required by law, the Company has no intention to update or

revise forward-looking statements, or to publish prospective financial information in the future, regardless of whether new information, future events or any other factors affect the information contained in this presentation.

Any investment in the Company is subject to various risks, including but not limited to, our technology and science not meeting current expectations, intellectual property challenges, competition in the market, insufficient customer acquisition, legal and regulatory limitations in certain jurisdictions, privacy issues, among others.

Information in this presentation, including financial information, should not be considered as legal, financial or tax advice or a recommendation to investors or potential investors in relation to holding, purchasing or selling securities. Before acting on any information you should consider the appropriateness of the information having regard to these matters, any relevant offer document and in particular, you should seek your own independent financial, legal and tax advice.

