Methodology:

• Dozens of large US corporations using the Total Brain Platform
• Weekly randomized selection of 500 assessments
• Statistical control for cohort effect
SPEAKERS

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COO, Brand Knew
MHI Mar-21: Key Risk

General Anxiety Disorder (GAD)

- ↓ 5%

Depressive Disorder

- ↑ 24%
- ↑ 19%

PTSD

- ↑ 11%
- ↑ 41%*
MHI Mar-21: 40-59 Yrs. Old Worsening

**General Anxiety Disorder**
86% higher than pre-pandemic

**PTSD**
63% higher than pre-pandemic
51% increase in last 3 months

**Planning**
10% worse in last month

**Anxiety Symptom – Feeling Scared**
12% worse than pre-pandemic
Mental Health in the COVID-19 Era

During the last 12 months, U.S. workers experienced a pandemic-fueled emotional roller coaster of events, marked by alarmingly high mental health risk levels and worrisome declines in cognitive capacities.

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