

## How Employers Can Shape Patient-Centered Outcomes

Research by: The Integrated Benefits Institute & National Alliance of Healthcare Purchaser Coalitions





#### **Framing the Research**

#### **Research Context:**

There is a growing movement for health care practitioners and researchers to **incorporate patients' perspectives, preferences and values when considering care options**. Employers can play an important role in shaping patient-centered care and achieving better outcomes.

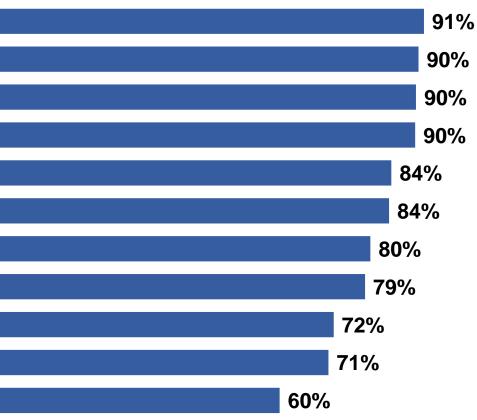


#### Framing the Research

**Research Questions:** 

- 1. What are employers trying to achieve through their health programs?
- 2. What sources of information they rely upon for program decisions?
- 3. How do they judge success?
- 4. What partners do they rely upon?
- 5. How confident are they that their programs are achieving patient-centered results?

# "Very important" health benefits policy goals/guiding principles



Helping employees improve and sustain good health Ensuring health benefits are affordable to employees Effectively communicating benefits to employees Managing health care/Rx expenses Improving employees' ability to function well on the job Improving value on investment of health care spending Recruitment/retention of talent Align with enrollees' needs, values and preferences **Reducing illness-related absences** Helping employees become smarter health care consumers

Reducing the incidence of disability leaves

#### Important Sources of Data for Decision Making

8% 91% 44% 54% <mark>4%</mark> 39% 56% 38% 58% <mark>4%</mark> 61% 7% 32% <mark>4%</mark> 33% 64% 66% 8% 25% 23% 70% 7% 6% 66% 28% 0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100% Not at all Verv Somewhat

Analyses of internal data

Peer professionals

Personal/professional life experience

Case studies of other companies

Peer-reviewed research

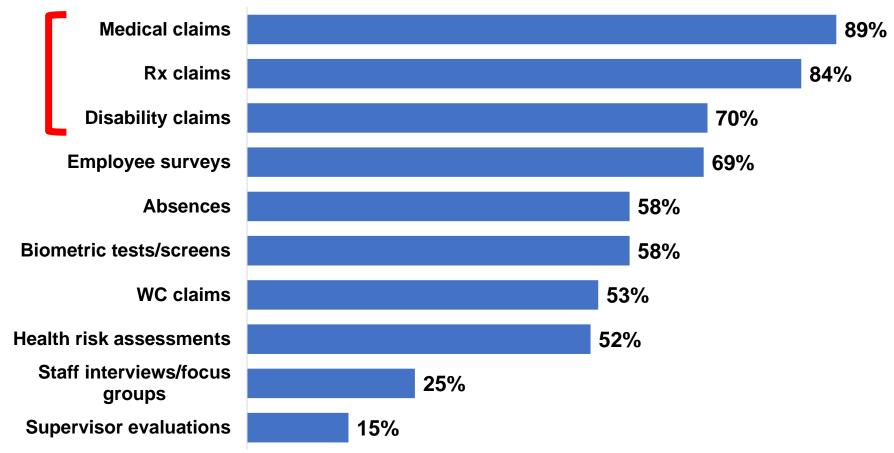
**Conference/professional presentations** 

Gov't/regulatory fact sheets

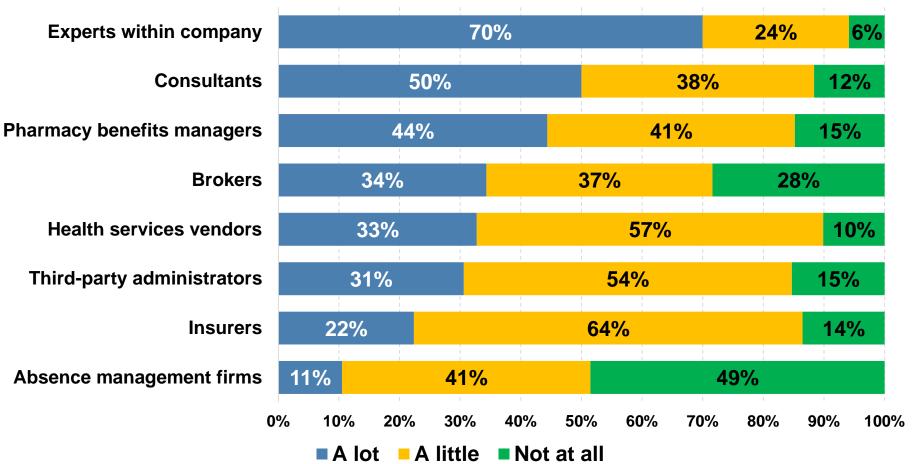
White papers

Media reports

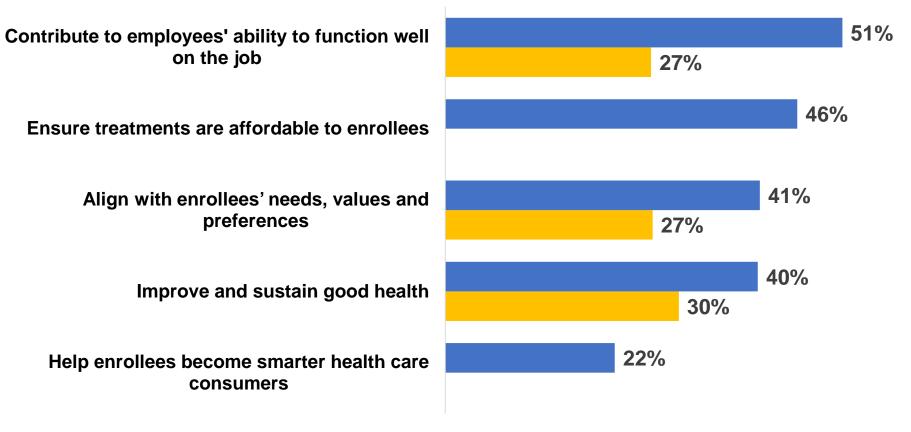
#### Data used to measure benefits success



### Who Do Employers Rely Upon to Help Make Decisions?

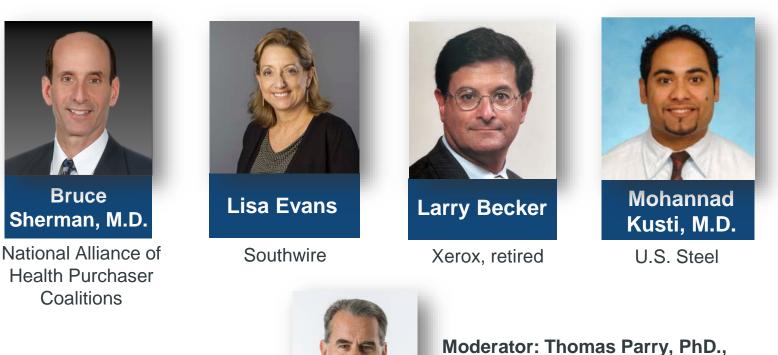


#### "Very confident" that benefits ...



Medical benefits
Wellness/wellbeing programs

#### **Panel Discussion**



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