

#### Methodology:

- Dozens of large US corporations using the Total Brain Platform
- Weekly randomized selection of up to 500 assessments
- Statistical control for cohort effect



## **Speakers**



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#### #thisisnormal



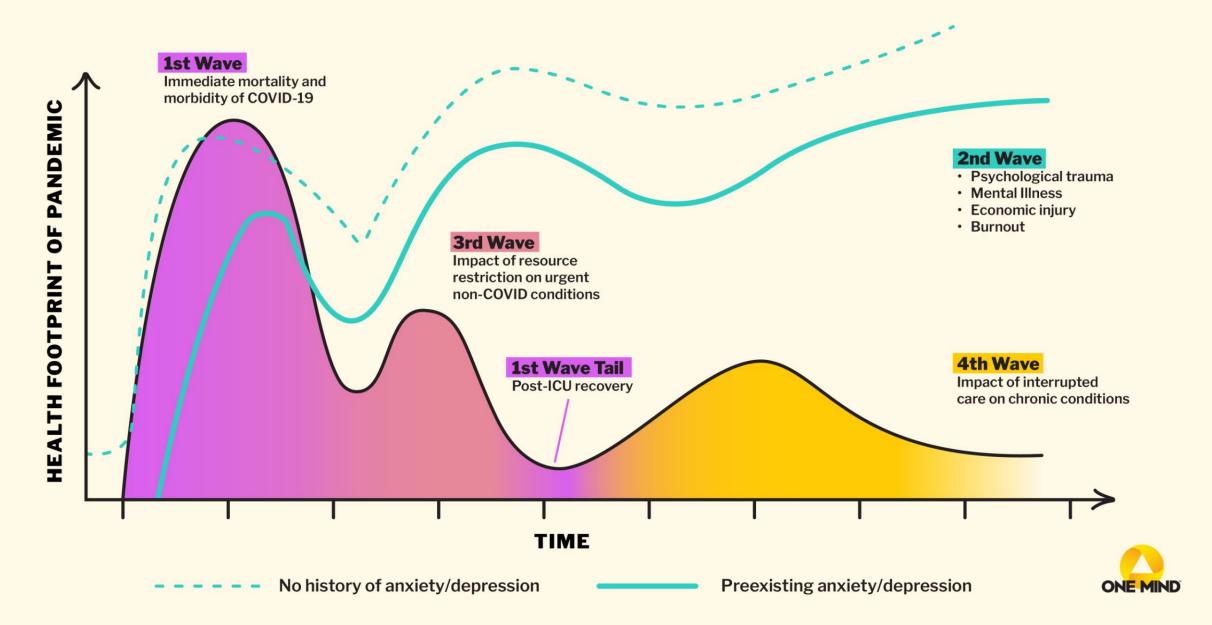




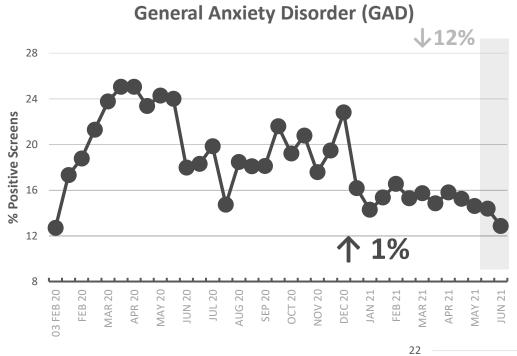


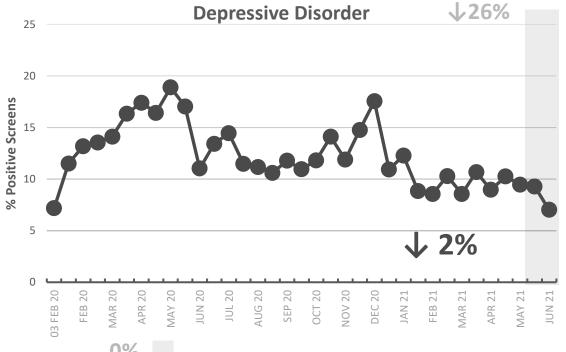


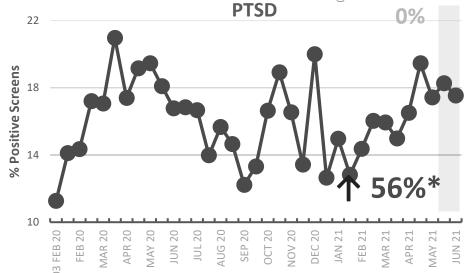
#### **COVID-19 IMPACT TIMELINE**



## MHI June-21: Key Risk





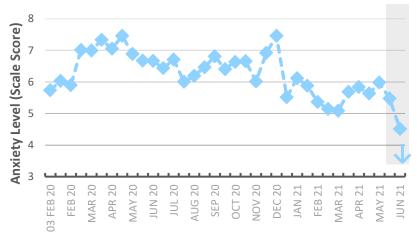




#### MHI June-21: Improvements in 20-39 years old Females

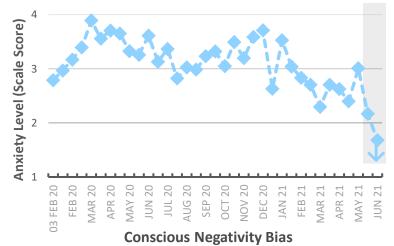


**Stress**25% lower in the last month in 20-39yr Females
21% lower than pre-pandemic in 20-39yr Females

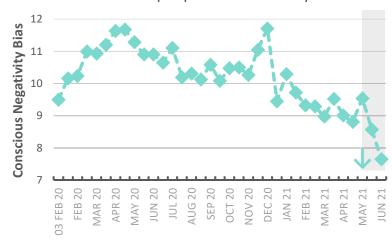


Anxiety

44% lower in the last month in 20-39yr Females 40% lower than pre-pandemic in 20-39yr Females

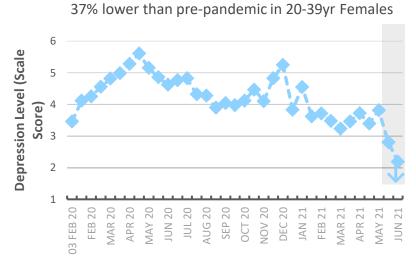


20% lower in the last month in 20-39yr Females 19% lower than pre-pandemic in 20-39yr Females



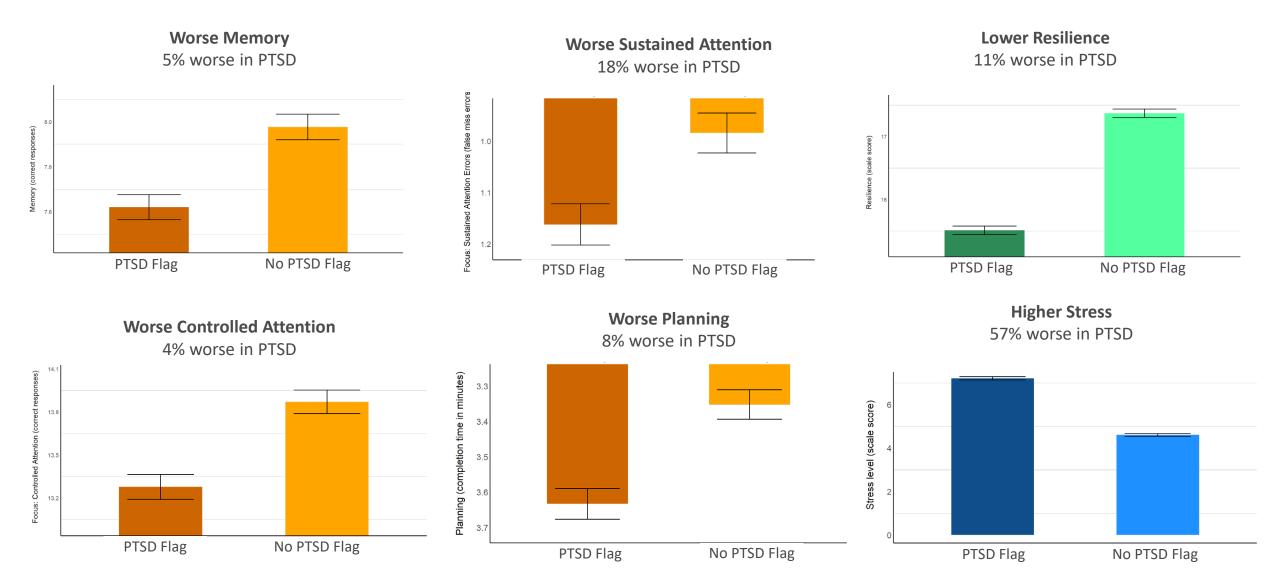
Depressed Mood

43% lower in the last month in 20-39yr Females



### PTSD leads to worsening of Cognition & Resilience





Data from 2,655 who screened positive for PTSD and an age and gender matched control group of 2,655 people with no PTSD flag, between February and June 2021.

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# THANK YOU



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