

Mental Health Index

U.S. Worker Edition – August 2020 Update

August's Mental Health Data Shows Mental Health Crisis Remains and Is Beginning to Impact Cognition of U.S. Workers



SPEAKERS



LOUIS GAGNON

CEO, Total Brain



MICHAEL THOMPSON

CEO, National Alliance



COLLEEN MCHUGH

President, Healthcare Policy Roundtable /
HR Policy Association



GAREN STAGLIN

Chairman & Co-Founder, One
Mind at Work

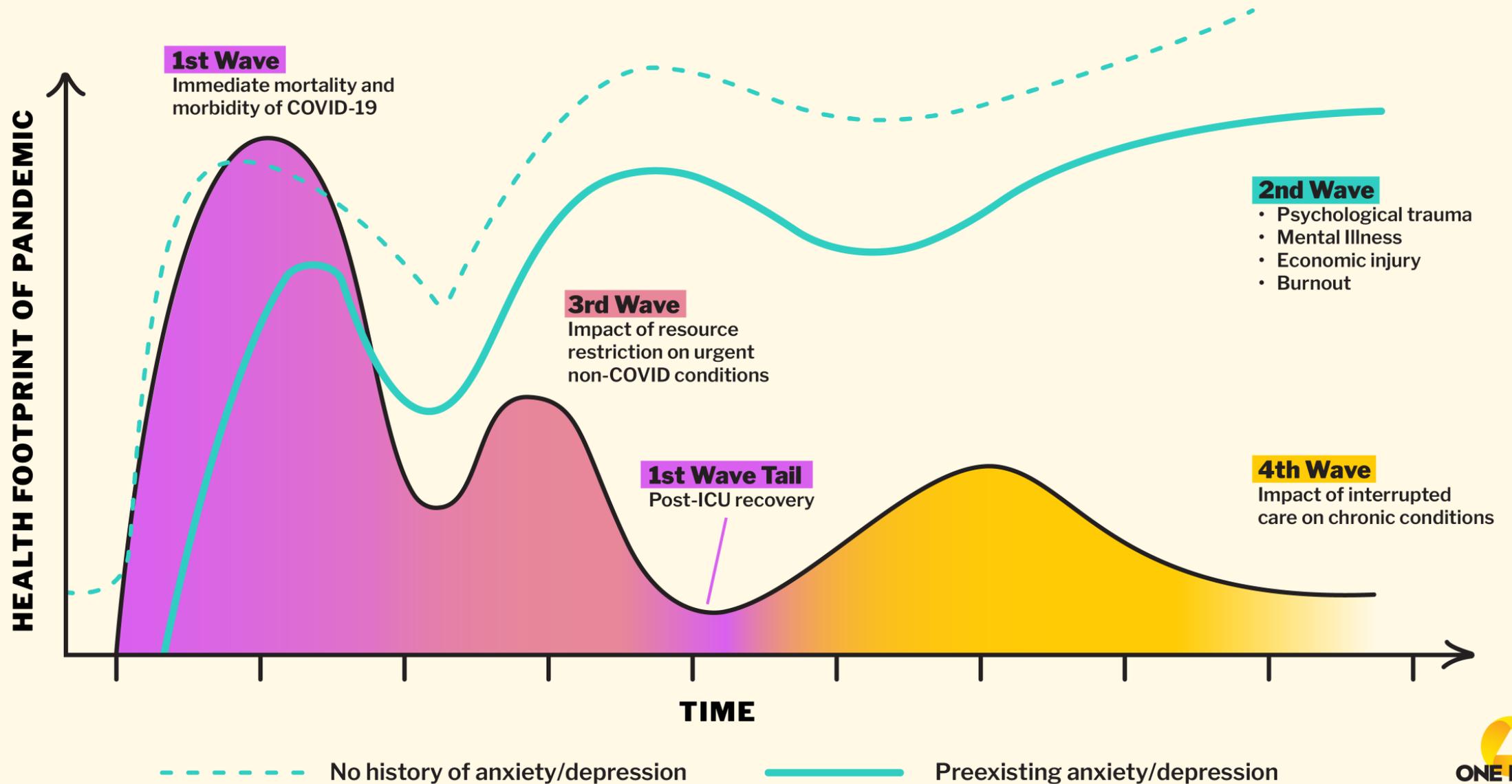


ROSA NOVO

Executive Benefits Director, Miami-Dade
County Public Schools



COVID-19 IMPACT TIMELINE



Mental Health Index

How we build and publish

- Dozens of large US corporations use the Total Brain platform
- Each week, we randomly select 500 employees from all companies who completed their assessment. We control for statistical biases and implement one-way anova and linear regression analysis ($\alpha = .05$) to **determine what changed**
- Each month, we publish a full report on all health and illness markers. In this webinar, we focus on markers that have significantly changed or for which age or gender tells a very different story

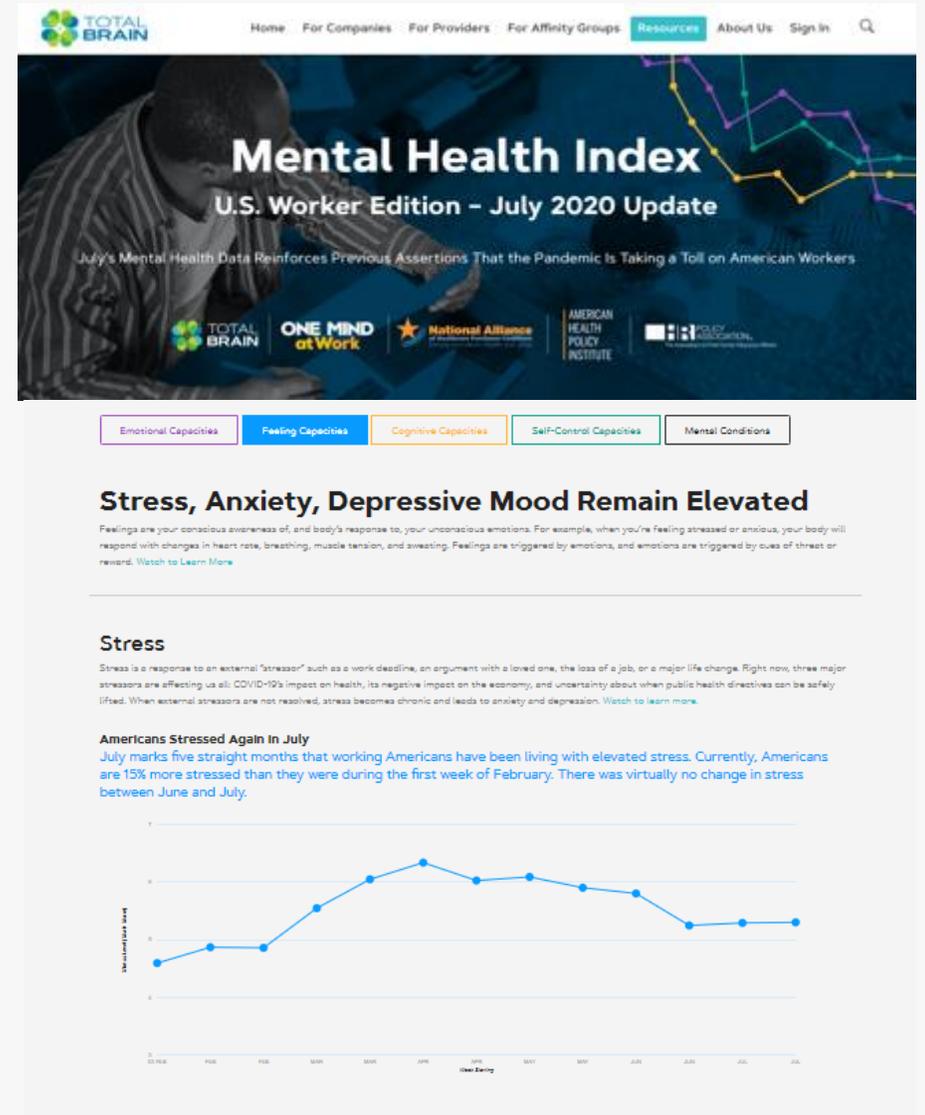
In partnership with:

ONE MIND
atWork

 National Alliance
of Healthcare Purchaser Coalitions
Driving Innovation, Health and Value

AMERICAN
HEALTH
POLICY
INSTITUTE

 POLICY
ASSOCIATION.
The Association of Chief Human Resource Officers



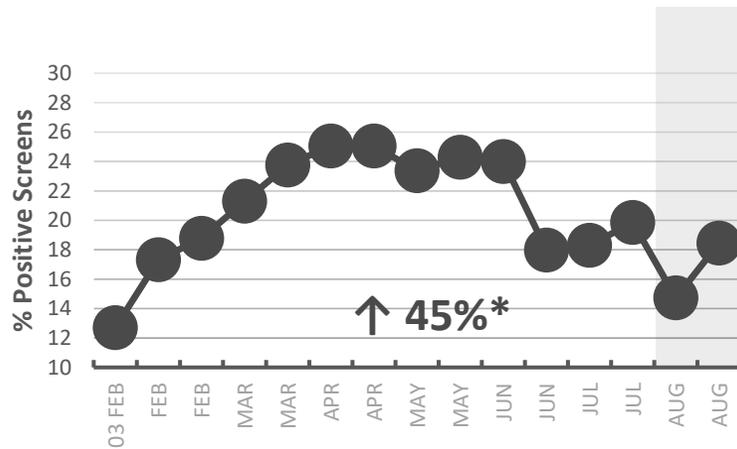
Forbes



THE AMERICAN JOURNAL OF
MANAGED CARE

Risk of Mental Conditions: August 2020

General Anxiety Disorder (GAD)

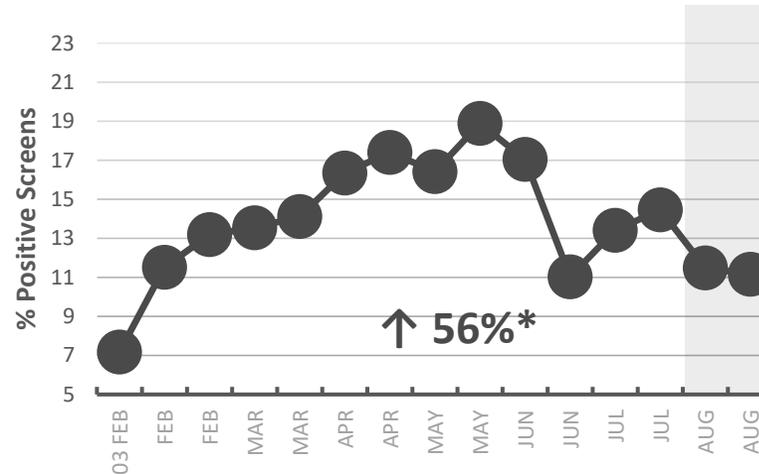


From July to August, risk of Anxiety **declined 7%**. It is, however, 45% higher than February (pre-COVID) level

At the end of August, risk of Anxiety was:

- 81% ↑ for females vs males
- 143% ↑ for those aged 20-39 vs 40-59
- 78% ↑ for those aged 20-39 vs 60+

Depressive Disorder

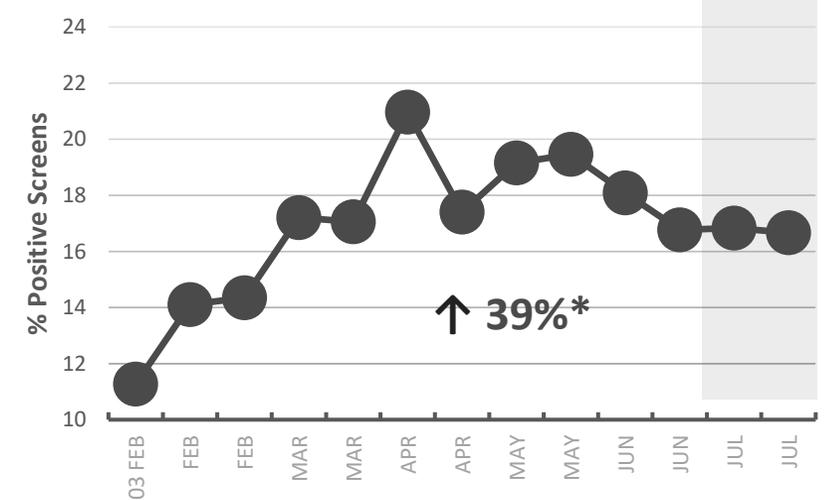


From July to August, risk of Depression **declined 23%**. It is, however, 56% higher than February (pre-COVID) level

At the end of August, risk of Depression was:

- 55% ↑ for females vs males
- 130% ↑ for those aged 20-39 vs 40-59
- Not significantly different for those aged 20-39 vs 60+

PTSD



From July to August, risk of PTSD **declined 6%**. It is, however, 39% higher than February (pre-COVID) level

At the end of August, risk of PTSD was:

- 62% ↑ for females vs males
- 107% ↑ for those aged 20-39 vs 40-59
- Not significantly different for those aged 20-39 vs 60+

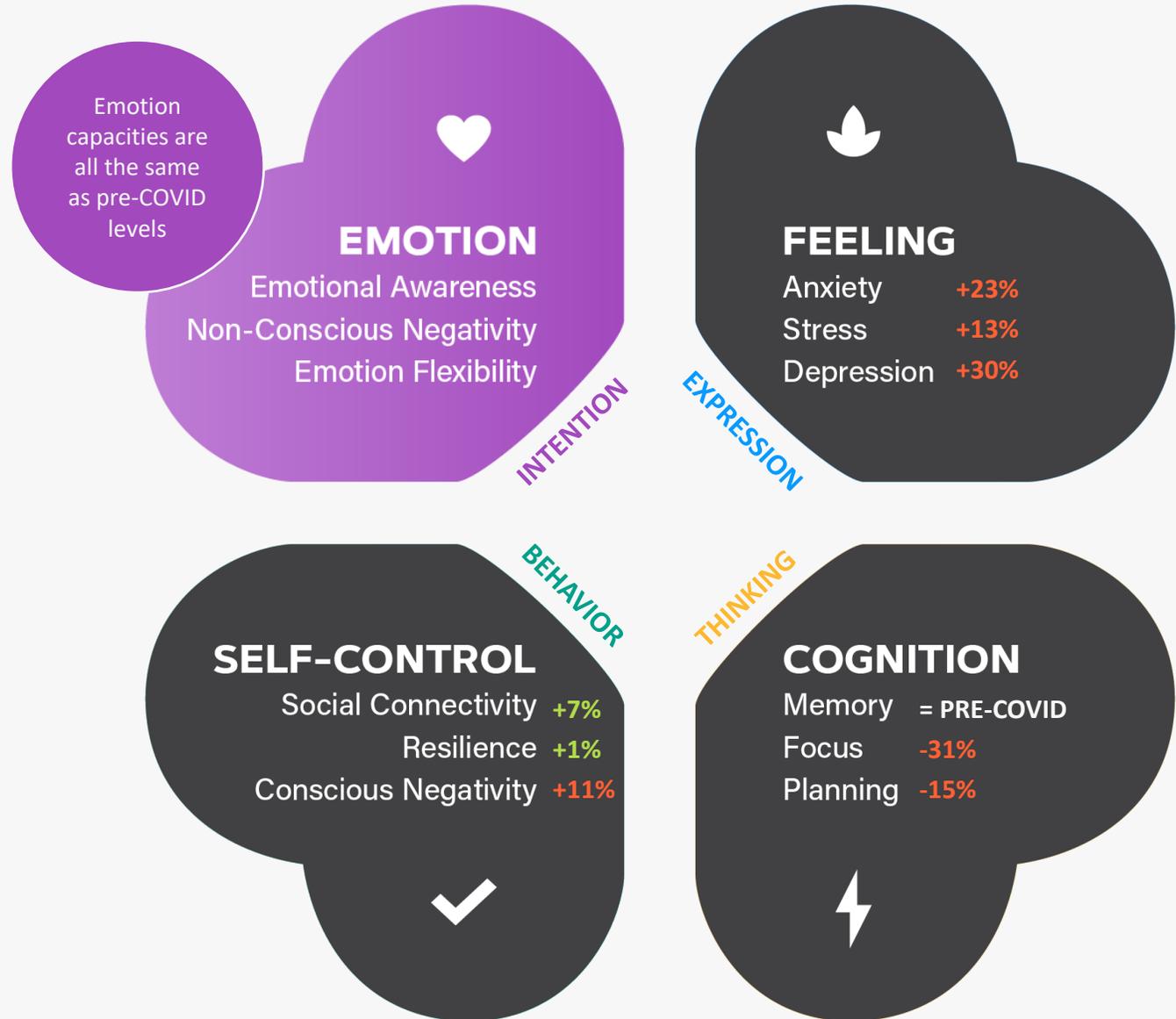


Our Brain Capacities are Under Attack

As the fallout from the pandemic continues, we are moving from an acute state to a chronic adaptive one.

Our brain capacities are under sustained attack causing us to adapt and reframe.

This, in turn, impacts our performance, including cognitive capacities like focus and planning.

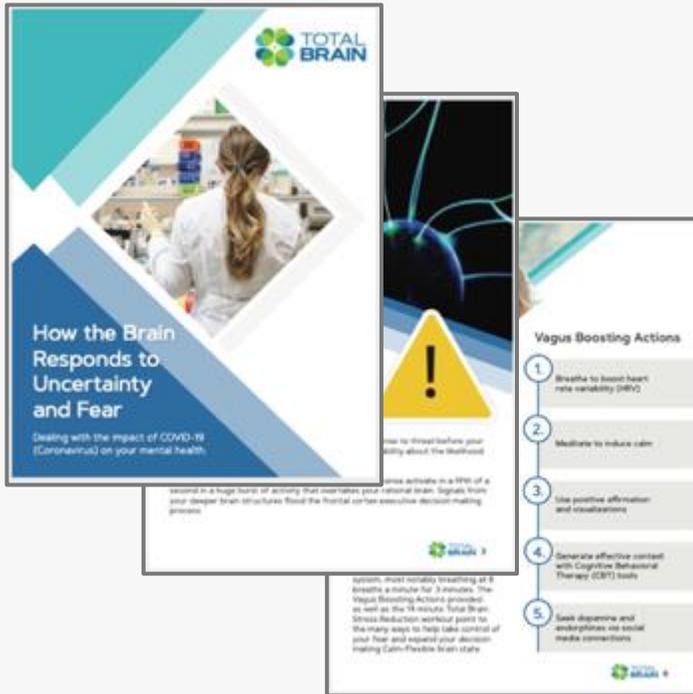


Support and Insights

1

Whitepaper:

Help you and your employees understand how to mitigate the impact of COVID-19 on their mental health



Visit: <https://info.totalbrain.com/request-a-demo>



2

Zero Cost Baseline Evaluation:

Baseline and benchmark mental health risk and corporate brain power in your company

Sample: Mental Health Risk and Capacity Baseline Report

General Anxiety Disorder (GAD)



THANK YOU



Disclaimer

This presentation is issued by Total Brain (ASX: TTB) (“Total Brain”, “the Company” or “we”) to you, is to be held confidentially by you and may not be shared by you with third parties. This presentation is general background information about the Company’s activities current as at the date of this presentation. The information is given in summary form and does not purport to be complete. This presentation is not an offer to sell, or any sale, of securities. Any offer and sale of securities would be done only pursuant to a written agreement between Total Brain and its investors.

Total Brain has made every effort to ensure that the information in this presentation is accurate. However, its accuracy, reliability or completeness cannot be assured. To the maximum extent permitted by law, we and our associates, respective officers, employees and agents, disclaim any liability for any error or omission or for any loss suffered as a result of others acting on the basis of the information contained in this document.

In particular this presentation includes forward looking statements (e.g. phrases with “will” “may”, “would”, “anticipate”, “expect” and other statements about future events, results or outcomes) regarding our belief, intent or expectations with respect to the Company’s businesses, market conditions and/or results of operations, and while our management believes reasonable assumptions have been made, the Company’s actual results may vary in a material and adverse manner, nothing herein is a guarantee of future performance and you are cautioned not to place undue reliance on such statements.

Except to the extent required by law, the Company has no intention to update or

revise forward-looking statements, or to publish prospective financial information in the future, regardless of whether new information, future events or any other factors affect the information contained in this presentation.

Any investment in the Company is subject to various risks, including but not limited to, our technology and science not meeting current expectations, intellectual property challenges, competition in the market, insufficient customer acquisition, legal and regulatory limitations in certain jurisdictions, privacy issues, among others.

Information in this presentation, including financial information, should not be considered as legal, financial or tax advice or a recommendation to investors or potential investors in relation to holding, purchasing or selling securities. Before acting on any information you should consider the appropriateness of the information having regard to these matters, any relevant offer document and in particular, you should seek your own independent financial, legal and tax advice.

