



**National Alliance**  
**of Healthcare Purchaser Coalitions**  
Driving Innovation, Health and Value

# Medical Director on Demand Special COVID-19 Meeting

April 23, 2020 | 11:00 AM – 12:00 PM Eastern

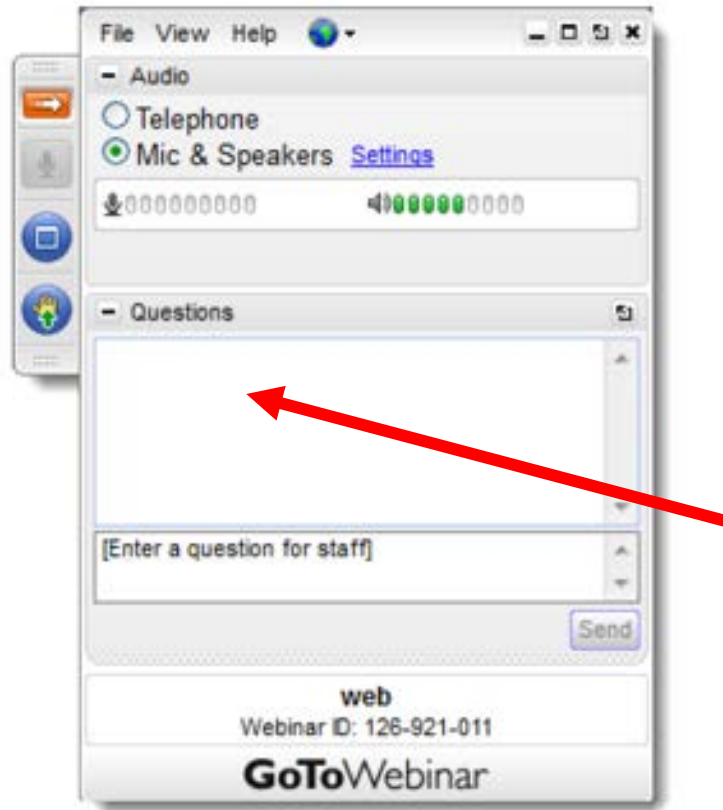


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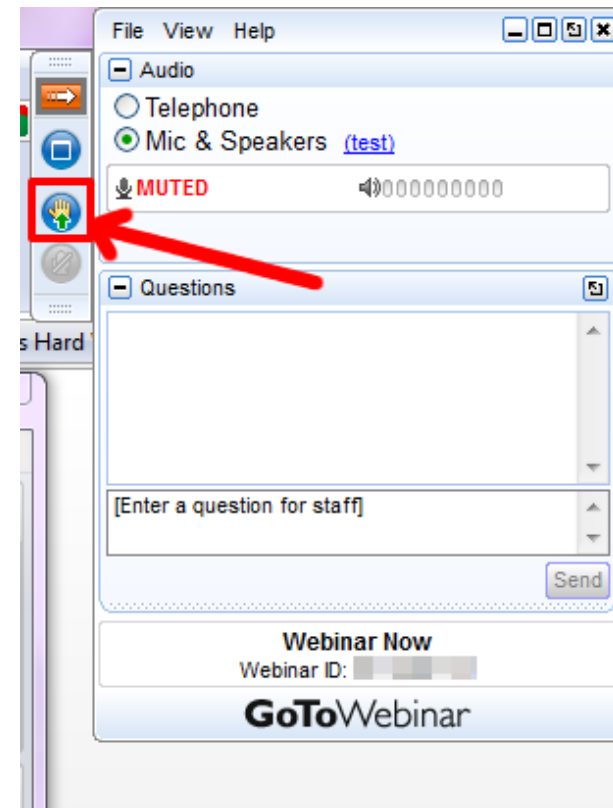
# Agenda

- Recap of Choosing Wisely in the Face of COVID-19 for Employers
- Questions & Topics from You
  - Choosing Wisely
  - Clinical Questions
  - Care Management Questions
  - Returning to the Workplace
  - Testing
- Questions & Answers

# Questions



# Raise your hand



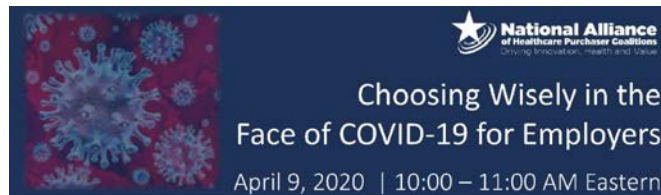
# Medical Director Advisory Council Members

Moderator: Scott Conard, MD

## Counsel Members

- Faiyaz Bhojani, MD
- Jeffery Burtaine, MD
- Mark Cunningham-Hill, MD
- Ray Fabius, MD
- Diana Han, MD
- Ned Kusti, MD
- Justin Moore, MD
- Suresh Mukherji, MD
- Stan Schwartz, MD
- Bruce Sherman, MD
- Christa-Marie Singleton, MD
- Wayne Jonas, MD (Special Guest)

# Recap of Choosing Wisely in the Face of COVID-19 for Employers



As this pandemic is presenting new and major challenges for people around the world, employers are seeking ways they can best support their workforce now.

On this webinar, you will hear:

- How employees and their families can partner with their doctors through shared decision making on care decisions related to Covid-19 using the *Choosing Wisely 5-Question Framework*
- Real data and information that can help employers better manage and communicate the impact of COVID-19 to their workforce

### Presenters

**Stan Schwartz MD FACP**  
WellOK, The Northeastern Oklahoma Business Coalition on Health

**Scott Conard, MD**  
Chief Medical Director  
National Alliance of Healthcare Purchaser Coalitions



## 5 QUESTIONS to Ask Your Doctor Before You Get Any Test, Treatment, or Procedure

- 1 Do I really need this test or procedure?** Medical tests help you and your doctor or other health provider decide how to treat a problem. And medical procedures help to actually treat it.
- 2 What are the risks?** Will there be side effects? What are the chances of getting results that aren't accurate? Could that lead to more testing or another procedure?
- 3 Are there simpler, safer options?** Sometimes all you need to do is make lifestyle changes, such as eating healthier food or exercising more.
- 4 What happens if I don't do anything?** Ask if your condition might get worse — or better — if you don't have the test or procedure right away.
- 5 How much does it cost?** Ask if there are less-expensive tests, treatments or procedures, what your insurance may cover, and about generic drugs instead of brand-name drugs.



# Questions

- Choosing Wisely – Empowering Employees – Stan Schwartz, MD
  - Does Choosing Wisely ever hold info sessions at employers if we want to roll out the program?
  - What is the challenge of fee for service physicians being able to provide shared decision making? Do they get reimbursed for those services
- Clinical Questions
  - Practitioners in NY region are seeing loss of taste and smell as a telltale sign though not always present)
  - Have you seen fever last more than 2 weeks when diagnosed with the virus?
  - I was at an Urgicenter and my doctor didn't wear a mask and neither did i. I cut my finger and the doctor worked on me. The doctor is an Emergency Room doc in a large city. Am I at risk?
  - Can you wash disposable gloves with soap and water or spray with a product like Fantastik with bleach and reuse the gloves?
  - Do we have any evidence about how environmental conditions impact COVID-19
  - How long should patients delay annual wellness visits?



# Total Person Health on COVID-19



**Dr. Wayne Jonas**  
Executive Director  
Samueli Integrative Health Programs

- [Avoiding Burnout](#)



- [Boosting the immune system](#)



- [Resilience building](#)



# Questions

- Care Management Questions
  - Our employees are having difficulty contacting their physicians, and teladoc can't keep up. How can we get access to care in this environment? Our EAP is also 14 days out on appointments & our employees are stressed.
  - But, what if, in the COVID situation, you don't have the option of talking with your doctor? Like no one answers at their office?
  - What is your view of the efficacy of telemedicine in addressing potential infections?



## Returning and Moving Forward



**Mark Cunningham-Hill, MD**  
Medical Director  
Northeast Business Group on Health

# Return to Work: Framework

## Key Considerations for a Phased Reopening Plan



1. Sustained **reduction in cases**



2. Determine which business services are **essential**



3. Understand the **risk of infection** associated with reopening



4. Ensure workplaces are **designed to keep employees safe**



5. Require **face coverings** when taking public or private transport



***Key Pillars:** Strengthened Healthcare Systems, Testing, and Contact Tracing*

## Return to Work: Testing

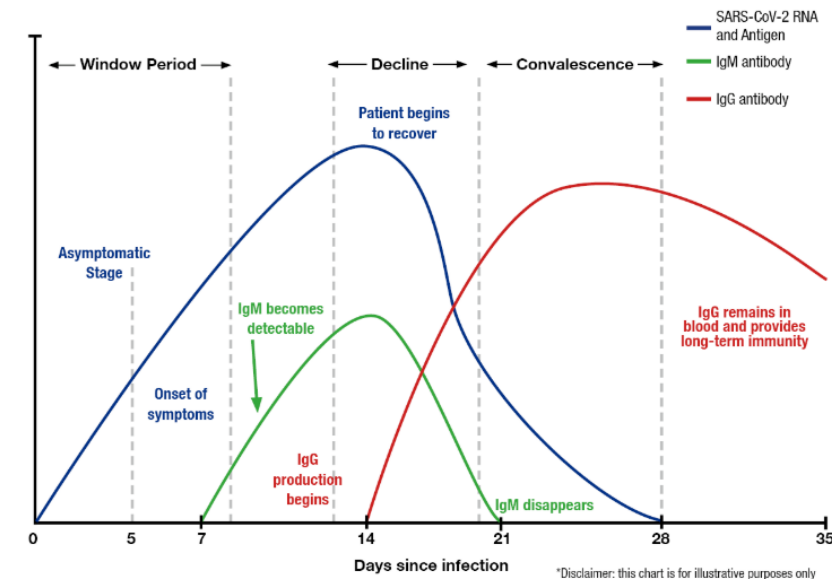
	1 Reverse-Transcriptase Polymerase Chain Reaction (RT-PCR)	2 Rapid Diagnostic Test (RDT)	3 Enzyme-Linked Immunosorbent Assay (ELISA)
<b>Test Type</b>	Diagnoses COVID-19	Detects presence of antibodies	Detects presence <i>and amount</i> of antibodies
<b>Sample Type</b>	Nasal, Throat, or Saliva	Blood	Blood
<b>Test Site</b>	Lab or Point-of-Care	Point-of-Care	Lab
<b>Sensitivity</b>	95%	80% - 90%	85% - 90%
<b>Specificity</b>	95%	95%	90 – 95%
<b># FDA Authorized*</b>	33	2	2

\*Note: Tests that have been authorized by the FDA under Emergency Use Authorization (EUA) as of 4/17/2020

# Return to Work: Immunity to COVID-19

## How Does Immunity Work?

- In response to a COVID infection, the immune system creates IgG and IgM antibodies
- IgG and IgM bind to and inactivate infected cells
- IgM provides short-term protection
- IgG stays in blood, conferring long-term immunity
- Immunity duration can range from a year to lifetime



## What We Know So Far

- Immunity for closely-related coronaviruses like SARS and MERS inform our thinking on COVID

1 – 2

Length of SARS Immunity (years)<sup>1</sup>

2 – 3

Length of MERS Immunity (years)<sup>2</sup>

1. Mo et. al, "Longitudinal Profile of Antibodies Against SARS Coronavirus in SARS Patients and their Clinical Significance," Asian Pacific Society of Respirology, January 2006  
2. Payne et. al, "Persistence of Antibodies Against Middle East Respiratory Syndrome Coronavirus," Emerging Infectious Diseases, October 2016

# Return to Work: Temperature Screening

- **EEOC allows employers to implement temperature screening programs**

On March 17, 2020, the U.S. Equal Employment Opportunity Commission (EEOC) issued an update to guidance that expressly grants employers the ability to implement temperature screening measures in response to the current COVID-19 pandemic.

- **Effectiveness of temperature screening programs are variable**

Effectiveness depends on a number of factors:

Factor	COVID-19 Data
Illness incubation period	Median is ~5 days
Proportion of subclinical cases	5-50%
Sensitivity of thermal scanners to detect fever	Variability by device and operator

# Questions

- Return to the Workplace
  - What is the optimal PPE folks should have going back into the workplace? What will going back to work look like?
  - What the recommendations are for employees returning to work?
  - WHAT QUESTIONS CAN AN EMPLOYER ASK AND NOT VIOLATE ADA EEOC WITH REGARD TO C 19 AND RETURN TO WORK STRATEGY.
  - Can you talk a little about an employers responsibility to provide PPE and a safe working environment? How do you balance that with the fear some people have about being exposed?
- Testing
  - Validity/Effectiveness of drive-through testing?
  - But is on-site testing an option for small businesses?

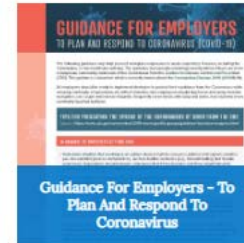


# Questions & Answers

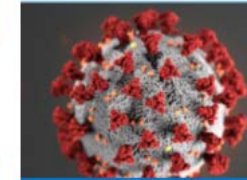
# National Alliance Health COVID-19 Resources

- Webinars
- Toolkits & Guidebooks
- Articles & Whitepapers
- Mental Health & COVID-19

## Toolkits & Guidebooks



Guidance For Employers – To Plan And Respond To Coronavirus



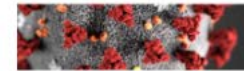
Interim Guidance For Businesses And Employers



Getting Your Workplace Ready



Coronavirus: An Employer's Action Guide



Safety And Health Topics



The Potential Health Cost Impacts To Consumers, Employers And Insurers Due To The Coronavirus



Forecasting COVID-19 Impact On Hospital Bed-Days, ICU-Days, Ventilator Days And Deaths By US State In The Next 4 Months



National Coronavirus Response: A Road Map To Reopening



HERO Healthcare Promotional Toolkit

# SAVE THE DATE



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